

The 15-Minute City: Moving beyond the concept

Policy makers worldwide are increasingly embracing the idea of a “15-Minute City” as a part of their sustainable-development strategies. This planning concept proposes an urban environment where residents can meet their essential needs within a short trip from their home by walking, cycling, and/or public transport. However, there is limited understanding of what policy makers can do to influence the travel behaviour of residents to meet the 15-city reality. In this talk I will discuss the key elements needed to impact individuals’ behaviour to live the 15-minute city concept. The talk will show how variation in the built environment and the way it is measured can impact different groups in term of walking rates. I will also discuss how the public perceives and plans to interact with sustainable transport interventions (LRT, BRT, and express bicycle network) aimed at the promotion of active modes. Finally, the talk will conclude with a discussion of how municipalities are capitalizing on the large investments being built in their vicinity to promote the use of active transport use.



Ahmed El-Geneidy

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Ahmed El-Geneidy is a professor specializing in transport planning at the School of Urban Planning in McGill University, Montréal, Canada. He is currently serving on the board of directors for the regional public transport planning authority in Montreal Autorité régionale de transport métropolitain (ARTM).